

THE LANDSCAPE TEMPLE IN DENMARK: An opportunity for personal growth

Imagine a country that offers you the possibility to expand your consciousness and to find balance, and consequently health, in your life. Imagine that people who lived in this country in ancient times were aware of these possibilities and have left messages in the landscape. These messages were recognized later, and structures were built, marking the energies that can help you. These structures can help you find places that hold the energies that can induce expansion of consciousness, balance, and health. You just imagined a country that exists. It is the country you live in: Denmark. Places that hold the mentioned energies form what is called a landscape temple. It is the landscape temple in Denmark that can help you find locations that help expand consciousness, balance, health, joy, and happiness.

When I was visiting Denmark in July 2013, my friend Christo Blaak SHOWED an article from Hauge about the Landscape Temple in Denmark (1). That immediately raised my interest. I have found landscape temples in other parts of the world. In addition, while visiting Jelling, I discovered that the principal earth energies connected with the Jelling church interact with our 3rd chakra. In his article, Hauge also mentioned that Jelling holds the 3rd chakra energy of the landscape temple. That was enough to set my friend and me on a journey of discovery. I like to honor Hauge because a landscape temple indeed exists. There are some differences between the descriptions of Hauge and what we found. I wrote this article to allow everybody to visit the seven places of the Landscape Temple and understand the benefits you can get from visiting these places. Therefore, I give the exact locations of the seven parts of the landscape temple. Also, the benefits of visiting these places are described.

What is a Landscape Temple?

Several authors have described landscape Temples. I am most familiar with the landscape temple of Sedona, Arizona (USA), which was first described by Nicholas Mann (2). I have researched this "temple" extensively and have written about it. However, there are many more Landscape Temples, often covering a large area. They all have in common that specific natural existing energies of the Earth support people's physical and spiritual development. Because the energies are considered to stimulate our physical and spiritual development, you can see the landscape as a temple. In most known cases, the landscape temples hold energies that stimulate our chakras. We will describe these chakras later.

Besides the landscapes temples of Denmark and Sedona, Peter Dawkins described several others, like the one in the United States (3), England (4), and Europe as a whole (5). David Furlong described another similar type of temple in Ireland (6). Existing earth energies mostly form the energy centers, but often human influence is also noticeable. People have recognized these energies in the past and used them for support, rituals, and spiritual development. At these places, we often find structures. As we will see, this is also the case in Denmark.

There are examples of landscape temples where whole cities were built to enhance the energies of the seven chakras. Examples of my research are Machu Picchu in Peru and Teotihuacan near Mexico City. That suggests that landscape temples may be more common than we think and can be found at different scales, covering continents,

countries, areas, or cities. In ancient times these temples have been recognized or even created. Nowadays, we are rediscovering them.

What are chakras?

Because the energies of Landscape temples seem to be related to chakras, let us look first at the role of chakras in our lives. Chakras are energy centers connected with the physical body. Chakra is a Sanskrit word that means "wheel." It refers to the motion of the energies that move in and out through the chakras. These energies move in a spiraling way, and from the outside, it looks like a spinning wheel.

The seven chakras represent seven ways to interact with the world around us. The condition of a chakra indicates how well we have mastered the ways of that particular chakra. To understand what the seven locations of the landscape temple of Denmark can offer us, it helps to understand the function of these seven chakras.

The 1st chakra (root chakra, located at the basis of the spine) reflects how safe and accepted we feel ourselves to be in this world. This chakra forms the basis of our functioning in the physical world.

The 2nd chakra (sacral chakra, located about two fingers below the navel) reflects how well we relate to the world around us. It is the chakra of relationship with everything around us.

The 3rd chakra (solar plexus, located just under the breastbone) reflects how we interact with ourselves. It is the chakra of self-worth, self-esteem and it shows whether we believe that we deserve happiness, love, and abundance.

The 4th chakra (heart chakra, located behind the center of the breastbone) is the chakra of love. It reflects how well we can love and whether this love is conditional or unconditional.

The 5th chakra (throat chakra, located at the throat area) is the chakra of expressing ourselves. This expression refers not only to words. It relates to the expression of the essence of who we are.

The 6th chakra (brow chakra or third eye, located between the eyebrows) is the chakra of intuition and our higher spiritual knowing and understanding.

The 7th chakra (crown chakra, located at the top of our head) is the spiritual chakra of oneness. It is our connection with the spiritual realms.

When all seven chakras are in balance, they will align and form one system leading to an experience that is called kundalini and is a spiritual awakening. An increasing number of people are looking for this spiritual awakening and search for ways to support that process. One way to get support is through the energies of the Earth called vortexes. One type of vortex is the vortexes that resonate with our chakras.

What are vortexes?

A vortex is like a human chakra; it is a place where energy flows in and out of the Earth. There are many vortexes (see Gifts of Mother Earth by Jaap van Etten (7)). These different vortexes have different functions and help us understand ourselves and our place on Earth. Some vortexes resonate with our chakras. While most people believe that each chakra is one system, the Earth shows us that each chakra has four aspects. I describe these four types of earth chakra vortexes as four levels connected to four aspects of our

chakras. The level four Earth chakra is relatively small (maximum around 70 km in diameter) and resonates mainly with the more physical aspects of our chakras.

The level 3 earth chakra vortexes are around 120 km in diameter and resonate with the emotional aspect of our chakras. The level 2 earth chakra is about 200 km in diameter and resonates with the mental aspects of our chakras. The largest earth chakra vortex is level 1, with a diameter of 800 km. They resonate with the spiritual aspects of our chakras.

The chakra vortexes of each type are close enough to each other to allow the areas of their energies to overlap in such a way that they cover the whole world. However, the energy in the center of the vortex is most powerful and most pure, and therefore the ancient people used the centers of these chakra vortexes for their sacred sites. That also is the case of the chakra vortexes in the landscape temple of Denmark. Each chakra vortex is marked in its center by some structure. It is these locations we are referring to in this article.

The landscape temple of Denmark

All seven places of the landscape temple in Denmark are centers of earth chakra vortexes, and structures mark them. That makes it easy to find them and therefore to visit them. Several of the sites we found are similar to what Hauge describes on his website, while others are quite different. Where he indicates areas, I have given the exact location. That will allow those interested in visiting these places to benefit most optimally from the energies of the landscape temple.

The location of all the chakra sites of the landscape temple is in Jutland, and these places go from south (1st chakra) to the north (7th chakra). A specific type of line connects these chakra vortexes. This type of line indicates that in the past, they were selected on purpose by the people living in Denmark in earlier times (see map). That makes the chakra vortexes of the landscape temple different from all other chakra vortexes. As we will see, most sites of the landscape temple are nowadays marked by a church.

The 1st chakra of the landscape temple is the most southern and is located in Helleved. It can be found at the old church on the west side of the village, just off route 429. This chakra vortex is of a level 2. Hauge indicated that the 1st chakra is located between Aabenraa and Loegumkloster and Helleved falls within that area.

You can find the 2nd chakra vortex of the landscape temple in the church of Jels, located just off route 25. Here also we are dealing with a level 2 vortex. According to Hauge, this chakra can be found in the area between Skamlingsbanken and Tirslund where the Konge Aa has its source. That is further north than the church of Jels.

You can find the 3rd chakra in the church of Jelling. That is the place where the Vikings accepted Christianity. Although the center's location is in the church, the whole area with its two mounds and the rune stones are part of this center. It is a popular place to visit and from an energy point of view rightfully so. Hauge mentioned the same location for the 3rd chakra. This chakra vortex is a level 1, which means it covers an area with a more than 800 km diameter. It truly is an energy center for Denmark.

According to Hauge, the 4th chakra is located on the Himmelbjerget. However, when we visited that place, it turned out to be the location of a powerful 2nd chakra of a level 1 type. We found the location of the 4th chakra in the church of Silkeborg. That was a surprise given that neither the church nor the city is very old. Old churches often are

built at Pagan sites. It is possible that during the development of the city of Silkeborg, the chakra vortex moved to an energetically more optimal spot, which here is the church. Such a shift is possible when the original location of the vortex is not too far from the new suitable site. The 4th chakra vortex is a level 2.

We found the 5th chakra in the center of the Viking borough Fyrkat near Hobro. This structure is interesting because it has in the wall four openings that indicate the four directions north, south, east, and west. This fifth chakra is a level 2. Hauge places the 5th chakra in the Roldskov/Rebild area, which is quite a bit further north.

We found the 6th chakra in the church of Rold, and it was again a level 2 chakra vortex. That means that the location of this chakra is in the area Hauge indicated as the 5th chakra area. Hauge placed the 6th chakra in Hammer Bakker, a bit north of Aalborg.

Finally, the 7th chakra was found in the church of Sindal, and this was a powerful level 1 vortex. That suggests that the northern part of Jutland is quite a spiritual area. Hauge indicated that the location of the 7th chakra is in Tolne Bakker, which is just east of Sindal.

With a more precise description of the location of each of the chakra centers, it will be easier to visit these places and allow you to benefit from their supporting energies optimally.

How to connect with the energies of the seven locations

When you visit one of the seven centers, the seven chakra locations, you will encounter many different types of energy. Although these energies relate to the chakra energy of that location, there are many "layers" of this energy system. This energy system is created by people who have connected with this location over time in ways that were characteristic of the time they lived in. Therefore not all these energies will support you. So it is essential to visit these places with a clear intent to only connect with those energies that support your healing and expansion of consciousness. That will make your visit to one of these places an optimal experience.

First, sit or stand in the church or at the location. You can also choose a place just outside a church, although the further away you go, the stronger the effect of other energies. Relax your mind as much as possible. You can do that by focusing on a couple of deeper inhalations and exhalations. Once you feel more relaxed, bring your awareness to your heart. You can connect from your heart with the energies of the chakra vortex with, for example, the following intention: I take in from this (mention which one) chakra vortex those energies that help to balance and heal my (mention the number) chakra as far as it is for my highest good. Then allow and trust that the process will optimally take place. The intake of energy will hardly ever take longer than 2 minutes. The process of these energies will take longer and depends on the intent's clarity and the condition of your chakras. Often it takes a couple of days before the complete integration of all the energies in your system

Going to the seven locations of the landscape temple is a pilgrimage. Make this pilgrimage (in one trip or several trips) as often as possible. That is also what the ancient people did. Of course, you can visit a location representing one of your weaker chakras more often. Or you might like to visit one of the places more often because you strongly resonate with it. Being in each of the locations will contribute to creating a life

of balance, joy, happiness, love, and expanding consciousness. What a wonderful gift to have available in your own country.

NOTES

1. Soeren Hauge, Landscabstempler, <http://www.wiseheart.dk/index.php/artikler-2/interviews/85-kunst-myte-tradition/120-landskabstempler>.
2. Nicholas Mann, Sedona Sacred Earth, A guide to the Red Rock Country, Revised Edition, (Flagstaff, Arizona: Light Technology Publishing, 2004).
3. Peter Dawkins, North America, <http://www.zoence.com/article/North-America>.
4. Peter Dawkins, Sacred Landscape and Geomancy, http://www.peterdawkins.com/pd_landscape.htm.
5. Peter Dawkins, The Continent of Europe, <http://www.zoence.com/article/the-continent-of-europe>.
6. David Furlong, Working with Earth Energies; How to Tap into the Healing Powers of the Natural World (London: Piatkus, 2003), 66-74.
7. Jaap van Etten, PhD., Gifts of Mother Earth, Earth Energies, Vortexes. Lines and Grids, (Flagstaff, Arizona: Light Technology Publishing, 2011).